

## **Memory Rescue**

You are taking a momentous step to stop memory loss, aging, and Alzheimer's disease by improving the health of your brain.



## This program is perfect for you if...

- You are looking to assess your risk for memory problems.
- You want to prevent or minimize the 11 major risk factors that steal your mind.
- You want to sharpen your memory.
- You would aspire to reverse brain aging.
- You want to decrease your risk for Alzheimer's disease.
- You would like to eat better in order to boost cognitive function.

## BY ENROLLING IN THIS PROGRAM, YOU'LL LEARN HOW TO...

- Improve your memory and make it as good as it was 10 years ago.
- Help you overcome your struggle with brain fog.
- Remember people's names better than ever.
- Never misplace your phone, keys, or wallet again.
- Always remember why you came into a room.
- Improve your struggle with finding find the right words.
- Improve your ability to find places or navigate around town.
- Cope with Alzheimer's disease or stop worrying about getting it.

